



# RESIDENTIAL MEDICAL HEALTHCARE CLINIC

## GERMANY

Concept development, business planning and operations for a fully integrative residential medical health care clinic for patients with kidney and heart diseases.

The concept combines modern biomedicine and evidence based integrative health care.

We designed comprehensive programs of biomedical evaluation with educational, cognitive behavioural-, rehabilitative-, exercise- and mind-body therapies designed to empower patients and decrease passivity and dependence.

Intensive research of scientifically proven programs on reversing heart disease through comprehensive lifestyle changes like diet, exercise, smoking cessation, stress reduction techniques, including mindfulness, meditation and yoga, and psychological support.

RESEARCH | CONCEPT DEVELOPMENT | BUSINESS PLANNING & OPERATIONS