

DANCE & CREATIVE WELLNESS FORUM THE NETHERLANDS

Key note speech and brainstorm for the Dance & Creative Wellness forum at the Nationale Opera & Ballet in Amsterdam, about the importance of wellness and why wellness is the best preventive medicine.

The Forum brings together dance artists and some of the most outstanding programmes with dance as a medium for wellness and health across Europe and beyond. In the current climate of global health epidemics, mental health challenges such as depression and Alzheimer's call out for innovation.

The Forum aims to expand the circle of influence of 'dance' by facilitating partnership and providing a platform for cross-sector dialogue with stakeholders from EU health strategy and the private health & wellness sectors in the commitment to further public health and quality of life.

KEY NOTE SPEECH | BRAINSTORM SESSION

